

OUR PRAYERS

St Francis/Memphis

Mike Robbins (hip repl.)

Signature at St. Francis

Martha Wallace 225

Special Prayers for

...kidnapped girls/Nigeria

...disaster victims

At Home

Marcelle Farrow

Virginia Jones

Wayne Lawrence

Terry Williamson

Homebound and Assisted Care

| | | |
|----------------|-----------------|-----------------|
| Martha Allen | June Burton | Carolyn Escue |
| Ray Escue | Mava Dell Fry | Earl Galloway |
| Helen Griffin | Doris Hight | Marie Hughes |
| Virginia Jones | Margaret Kenley | Ted Lewis |
| Betty Ray | Elmer Ray | Bernice Shelby |
| Chris Simmons | Emmett Smith | Betty Smithmier |

OUR PRESENCE - November 13

| | |
|---------------|----|
| Sunday School | 55 |
| Worship | 75 |
| Visitors | 13 |

OUR GIFTS - November 13

| | | |
|------------------------|----|-------|
| Offering | \$ | 5,573 |
| Month to Date | \$ | 8,950 |
| Apportionments to Date | \$ | 6,776 |

OUR SERVICE - November 20

| | |
|------------------------|----------------------------------|
| Greeters | Peggy Brightwell Aleita Tutor |
| Scripture | Lana Solomon |
| Children's Time | Bruce Hughes |
| Lock-up | Jimmie Bedwell |

OUR WITNESS

November Scripture Readers

27 Jay Finzel

ALDERSGATE United Methodist Church
4459 Willow Road
Memphis, TN 38117-6917



OUR PRAYERS (con't)

| | | |
|----------------|-----------------|-------------------|
| Kristen Boggs | Tom Boillot | Palma Borgognoni |
| Jim Brazile | Brenda Brazile | Melissa Cole |
| Jaunay Davis | Doug Dennis | Corella Edwards |
| John Elkins | Gordillo Family | Andrew Hamilton |
| Diane Harrison | John Hight | Mildred Hight |
| Jeff Irwin | Mark Jones | Freda Lipford |
| Ursula Lewis | Carla Martin | G. Martin Family |
| Bill McClain | Jesse McClerkin | Lillian McDonald |
| Glenn Moore | Lou Ella Morris | Joe Moseley |
| Warren Petty | Boyd Pilkinton | Moira Pomije |
| Claire Rainey | Wade Reeves | Stephanie Roberts |
| Marie Souder | Cindy Stanfil | David Weaver |
| Shannon Weaver | John Williams | Margie Williamson |

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Aldersgate United Methodist Church

The



Flame

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GOD IS GREAT, GOD IS GOOD...

BY [DEIDRA RIGGS](#)

My husband and I have stopped saying grace before we eat a meal. Our children are adults, living on their own, so usually it's just my husband and me at the dinner table each night. We used to say grace. We taught our children to say it, too. We taught them the "God is great, God is good," version when they were tiny and we taught them to fold their little hands together beneath their chins.

As our children grew older, we'd all hold hands together, bow our heads and one of us would lead the prayer before the first bite of food passed our lips. But lately, my husband and I have stopped saying grace altogether.

The honest truth is that we'd begun to simply go through the motions. Saying grace was a pit stop — a gateway between us and our food. We glossed over it, rarely paying attention to the God we claimed to be invoking as we closed our eyes, bowed our heads, and tossed a few words out into the air.

Then, one evening, as we sat down for dinner together, my husband turned to me and confessed, "I've switched up from saying grace, to having a moment of silence before I eat."

"Really?" I responded. "Me too." And it was true. At breakfast and lunch — meals I rarely shared with my husband, I'd been foregoing grace for a moment of silence.

Surely, this is all just a matter of semantics, right? I mean, isn't a moment of silence the same as saying grace? I guess it is. Except that, switching up the terminology also shifted my focus. Rather than rushing through a few habitual words before digging in to my meals, a moment of silence gave me the opportunity to be fully present. Instead of feeling imaginary pressure to perform, I sat before my food and realized just how truly grateful I am — for the food before me, the chair beneath me, the table and the walls and the lights and the floor under my feet.

Somehow, simply experiencing the moment in silence — without words shaped into a prayer called, *grace* — I have become more grateful for God's provision. With my eyes closed, and breathing in the aroma of fresh vegetables, warm bread, protein, herbs, and spices, makes me much more aware of the interconnectedness I share with people I may never meet. Gratitude consumes me and I am filled with wonder, thanksgiving, hopefulness, and joy. In silence, I am convinced, more than ever, that — forever and always — God is great, and so very good.

Scriptures for the Week:

Jeremiah 23:1-6

Colossians 1:11-20

Luke 1:68-79

Luke 23:33-43



LOOKING AHEAD

- Sun. 11/20 **Christ the King Sunday**
10:15a Sunday School
11:30a Worship
- Mon. 11/21 Noon Newsletter Deadline
6:45p Choir Rehearsal
- Tue. 11/22 No Activities
- Wed. 11/23 NO Bible Study -**Asbury**
NO Choir Rehearsal
- Thu. 11/24 Happy Thanksgiving Day
11a-1p Thanksgiving Dinner
Served in Fellowship Hall
Offices Closed
- Fri. 11/25 5:45p Girl Scouts
Offices Closed
- Sat. 11/26 No Activities
- Sun 11/27 First Sunday of Advent ☪
10:15a Sunday School
11:30a Worship Service



THANKSGIVING DAY LUNCH - NOV. 24th SIGN-UP ON THE OFFICE WINDOW

- ~ We are accepting new or gently used shoes, hats, gloves, jackets/coats, sweaters, and other winter clothes and NEW socks, to be given to those in need. Please drop off items at the church.
- ~ We are also asking for your help before, during and after lunch and Wednesday evening for set-up. Assistants should be at church by 10:30 a.m. on the 24th. Sign-up on the office window.
- ~ We are in need of pies and desserts for lunch that day. Please have them at the church between Sunday, Nov. 20th and any time before 10:30a on Thursday, Nov. 24th. Sign-up on the office window
- ~ Sign-up on the office window or contact Barry Mathis at 901-299-2746 or bamathis@att.net.

THANK YOU

The family of Doris J. Palazzini acknowledges with deep appreciation your kind expressions of sympathy. Thank you for all the prayers and love you gave our mother. She loved her church and all the friends she made.

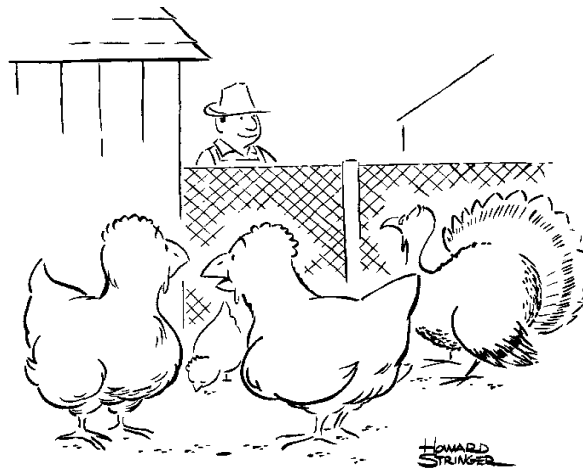
Love,
Rita P. Hayes & Family



METHODIST UNIVERSITY HOSPITAL HAS BROKEN GROUND ON ITS \$280 MILLION EXPANSION

Dr. David Stern, Executive Dean for the University of Tennessee Health Science Center's College of Medicine, reflected on the significance of the construction project underway at Eastmoreland Ave. and Bellevue Blvd, "It creates a world-class facility which I believe every patient needs to have access to." Expected to be finished in 2019, the project includes a 440,000-sq. ft. tower that will create room to upgrade services.

Among other highlights of the master campus plan, it will combine the West Cancer Center on Union Ave. with inpatient and surgical services. Dr. Kurt Tauer, senior partner and chief of staff at West Clinic said, "This will be an incredible cancer center right downtown."



ONE THING I'M THANKFUL FOR ON THANKSGIVING—
I'M NOT A TURKEY.



Our next Unit meeting will be on December 11th, right after church. It will be a Pot Luck lunch and the program is Installation of Officers for 2017.

GIVING TUESDAY

Because we have received, we
GIVE LIGHT
GIVE LOVE
GIVE LIFE

Every day, you give God's light, love and life through your faithful work, prayers and gifts. On Tuesday, Nov. 29, United Methodists will come together to support the work of Advance missionaries and projects on UMC #GivingTuesday. This year, consider supporting a project that is working in an area you care about most. Gifts given through The Advance make a tangible difference in the lives of those we serve. \$12,000 in matching funds has been pledged by The UMWIM, SEJ Staff and Board.

Look for more information and resources at

www.umcgivingtuesday.org

DANIEL GRADUATES FROM CPA

Congratulations to Daniel Boice on his graduation from the Memphis Citizens Police Academy. The CPA is a nine week course that provides responsible citizens with a comprehensive knowledge of police operations, practices and objectives. Implemented in 1993, its goal was to develop a partnership between the Memphis Police Department and the citizens of Memphis by informing citizens about prevention, intervention and combating crime within our communities.

It was designed as an educational program in the classroom as well as a ride-along program to provide a comprehensive knowledge of policing in Memphis.

This achievement helps pave the way on Daniel's journey to obtain a Criminal Justice degree from the University of Memphis and to eventually becoming a police officer with the Memphis Police Department.

HONORING OUR LOVED ONES

Gifts have been given for

Memorial Fund

In memory of Peggy Baker by

Keith Coffman
Betty Smithmier

In memory of Sadie Tutor by

Mary Robbins
Cathy Boice
Love/Hope UMW Group
Betty Smithmier

In memory of Doris Palazzini by

Love/Hope UMW Group
Betty Smithmier

In memory of Harold Smith by

Betty Smithmier

In memory of Birdie Boyd by

Betty Smithmier

In memory of Edward Caine by

Betty Smithmier

YOU ARE INVITED

...to join Bishop Bill McAlilly at the dedication of two murals adorning the entrance walls of UMNC. They were painted by students of East High School who participated in the Junior Journey League, along with the creator of the Art Garden in Binghampton. Join us for the dedication and refreshments on Friday, Nov. 18, at 2 p.m., at 3000 Walnut Grove Rd.

'TEA + TOUR' AT THE BROOKS

Coming up December 1, from 2 to 4, is "Eat, Drink and Be Merry", an entertaining tour of the Brooks permanent collection. Make reservation by Nov. 29, at 901-544-6244. Artists have created depictions of food, drink, music, entertainment and revelry in a wide variety of mediums.

THE 27th CHRISTMAS IN HOLLY SPRINGS HOME TOUR

"It's The Most Wonderful Time of the Year"

...will take place Dec. 3 & 4. Tickets are available now at the Marshall County Historical Museum, 220 East College Ave., P.O. Box 806, Holly Springs, MS 38635, (662) 252-3669, for \$15 per person, \$20 per person after November 30. So...plan ahead!