

OUR PRAYERS

Poplar Point Rehab

Tom Boillot 104

At Home

Jeanette Leslie

Memphis Jewish Home

Betty Ray 111

Special Prayers for

....kidnapped girls
from Nigeria

At Teresa's

Betty Smithmier

Our Symnpathy, love and prayers go out to

...Lisa Matlock & family in the loss of her father,
James Matlock

...Judy Stanley & family in the loss of her brother,
James Varner

...Marie Park & family in the loss of her daughter,
Lynda Park

Homebound/Assisted Care

| | | |
|-----------------|-----------------|-----------------|
| Martha Allen | June Burton | Gerri Colosia |
| Jack Eaton | Mava Dell Fry | Earl Galloway |
| Helen Griffin | Marie Hughes | Margaret Kenley |
| Doris Palazzini | Jane Pifer | Betty Ray |
| Bernice Shelby | Chris Simmons | Emmett Smith |
| Harold Smith | Betty Smithmier | Martha Wallace |
| Bill Whitaker | | |

OUR PRESENCE

| | | |
|-----------------|---------------|-----|
| March 29 | Church School | 59 |
| | Worship | 102 |
| | Visitors | 10 |

OUR GIFTS

| | | |
|-----------------|----------------------|-----------|
| March 29 | This Week's Offering | \$ 1,335 |
| | Month to Date | \$ 14,342 |

OUR SERVICE April 5, 2015

| | |
|------------------------|--------------------------------------|
| Greeters | Lorelle Woodard Margie Williamson |
| Liturgist | Bruce Hughes |
| Scripture | Peggy Brightwell |
| Children's Time | Dr. Lester |
| Lock-up | Jimmie Bedwell |

OUR WITNESS

April Scripture Readers

| | |
|----|----------------|
| 12 | Faith Gbeneneh |
| 19 | Jane Hight |
| 26 | Barry Mathis |

ALDERSGATE United Methodist Church
4459 Willow Road
Memphis, TN 38117-6917



Aldersgate United Methodist Church

The



Flame

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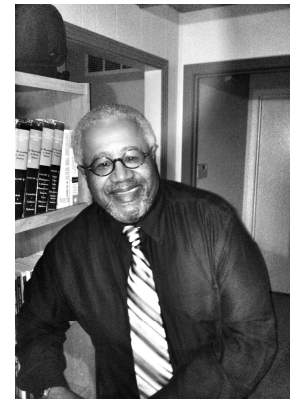
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THE WRITE REVEREND



A dear friend recently shared with me an interesting MSNBC article on the effects of not drinking enough water. This article claims that researchers have found people who don't get enough water are more likely to have health problems; have a stagnated metabolism; have to think harder to complete the same tasks; eat more; look more wrinkled and in a bad mood.

This got me thinking: what happens to us when we are spiritually dehydrated; when we don't have enough of the water of life to sustain our souls and minds?

Obviously, we are more likely to be spiritually unhealthy and to have more spiritually related problems; our spiritual energy is depleted; it takes more of our spiritual resources to do the things we once did with much less effort when we were spiritually healthy; we consume more spiritual junk food, and we don't

look or feel nearly as healthy or happy.

For us as Methodists, being properly fed and having enough water happens through our participation in what Wesley called the "means of grace". These are the things God has put in place for us as resources where we might have our thirst quenched and our souls fed. They are not optional nor do they change. We can't do some of them and not all of them.

Wesley argued further that they are of two kinds: instituted means of grace and prudential means of grace. Instituted means of grace are prayer, scripture, the sacraments, fasting, and Christian Conference (mutual sharing for the sake of accountability). Prudential means of grace are optional and practical. They fall into three divisions based on Wesley's General Rules for the societies: avoid evil, do good, and "attend to the ordinances of God", meaning gathering with other believers, hearing the word preached and participating in the instituted means of grace.

Got your wheels turning? Got any questions? Great! Come join us on Wednesdays for Bible Study and wet your whistle with the waters of life and be fed real soul food! Hope to see you there!

Herbert

Scriptures for the week:

Acts 10:34-43; Psalm 118:1-2, 14-24; I Corinthians 15:1-11;
John 20:1-18 or Mark 16:1-8

THE FLAME is a publication of Aldersgate United Methodist Church. The newsletter is published weekly. Please contact your local Postmaster if you are having difficulty with delivery



LOOKING AHEAD
Easter Sunday
 9:30a Easter Breakfast
 10:15a Church School
 11:15a Coffee in Fellowship Hall
 11:30a Worship

Mon. 4/6 10:00a Church Women United @ Buntyn Presbyterian
 Noon News Deadline

Tue. 4/7 1:00p Gift Wrap open @ Asbury


Wed. 4/8 10:00a Bible Study at Aldersgate
 10:30a Meth. Hospital Auxiliary
 5:30p Youth Fellowship
 6:00p Fellowship & Study
NO Choir Rehearsal

Thu. 4/9 9-12 Food Pantry @ Asbury

Fri. 4/10 Offices Closed

Sat. 4/11 9:00a AFLS
 6:00p Spanish Worship Service & 'Get to Know You Dinner'

Sun. 4/12 10:15a Church School
 11:15a Coffee in Fellowship Hall
 11:30a Worship
 12:30p Lunch Honoring Jo Ann Shelton

 **EASTER EGG HUNT IS APRIL 4 @ 1:00pm**
 Ages 1-10, bring your baskets and find those eggs!

LENTEN WORLD HUNGER OFFERING TO BE COLLECTED ON EASTER
 Please bring your World Hunger offering to church on Easter Sunday and place it on the communion rail, as we join with churches across the globe to help end this terrible condition. 805 million people suffer from hunger. 2.6 million of these are children who, without intervention, will die from hunger related causes. Your gifts will be distributed to hunger intervention groups like UMCOR, Peanut Butter Project, Our Father's House, Society of St. Andrew, UMNC, Mid-South Food Bank and Regional Inter-Faith Association. Your support and commitment are appreciated. Thank you.

 **PLEASE NOTE**
 There will be NO Choir Rehearsal on April 8th.

THANK YOU
 On behalf of the children and youth, we say many thanks to Andrew Baker, Diana & Jimmie Bedwell, Jane & Jimmy Hight, Lisa & Bruce Hughes, Judy & Ed Stanley and Aleita & Dean Tutor, for providing meals and funds for Wednesday night activities.

CONGRATULATIONS, SYNOLVE!
 The United Methodist Neighborhood Centers Board of Directors unanimously elected our own Synolve Craft as the next Executive Director. She will take over from Chaplain Sonny Davis on April 1. Please join us in congratulating her.



MEN TO SERVE BREAKFAST EASTER MORN
 Join us for breakfast on Easter morning, April 5, at 9:30, sponsored by our UM Men. No reservations required, so bring a friend or two. There will be plenty of good food and fellowship. Join us for this event and stay to celebrate the most glorious Sunday in our Christian year—the resurrection of our Lord and Savior, Jesus Christ! There is no charge for breakfast, but the gift of a donation would be appreciated.

WORSHIP IN SPANISH BEGINS APRIL 11 @ 6
 El Culto de Adoracion en Espanol
 Comienza el 11 de Abril

'Get To Know You Dinner' To Follow
 Join us as we celebrate our first Spanish service and get to know our Hispanic friends as well as others from our community at a Get To Know You Dinner, served after a brief worship service on April 11, beginning at 6 p.m.. All are invited.

SAYING GOODBYE TO JO ANN ON APRIL 12
 Join us on Sunday, April 12, at 12:30, to bid Via con Dios to Jo Ann Shelton. She will soon be moving to Florida. We have loved having her as our music director at Aldersgate and wish her well as she starts a new chapter in her life. Lunch will be served right after worship that Sunday. So come, give her a big hug and a smile to remember you by.

UMW NEWS
Methodist Hospital Auxiliary Seeks Patient and Bazaar Items
 Aleita Tutor, our representative to the Hospital Auxiliary, asks your help in providing items to assist patients and to be sold in the Bazaar. Most urgently needed at this time are tooth brushes and small tooth paste, scrub pants—all sizes (no tops), socks, and deodorant. The Bazaar would love to have more of its best seller—jewelry, along with knick knacks, and books.
 The next MHA meeting is Wednesday, April 8. Please have items at the church or to Aleita prior to that date. Thank you for your help!

~ ~ ~

72 PLUS U
 Rev. Sue Engle is the leader for our Spiritual Growth Retreat, 72 Plus U, at Lakeshore, April 17-18. Are you ready to be part of the 72?
 ~ ~ ~
 Ladies, looking for the UMW Newsletter, The Clarion? Find it at:
<http://memphis-umc.net/unitedmethodistwomen>



BOX LUNCH AND BINGO - APRIL 16 - 11:30
 Box lunches from Chick-fil-a and an afternoon of bingo fun—don't you just love it? We will need a count for the \$5 box lunches—so be sure to sign up on the office window.
 Don't forget those white elephant gifts, beautifully wrapped. The more you bring, the longer we play!

OUR BIRTHDAY BASH IS APRIL 19
Fundraiser for Aldersgate's "Kids to Kamp"
 Our Birthday Bash this year will help send our elementary kids to summer camp. There is no fee for lunch, but feel free to leave tips (donations) to the Lakeshore Fund (checks made out to Aldersgate, please) for the service the children will provide during your meal. No standing in line, just come in, take a seat, and relax, appreciate the decorations and be served.
 The fee for each child to enjoy what is called "organized, spirit-filled, fun-loving chaos" is \$333.
 Join us right after worship on April 19.

HONORING OUR LOVED ONES
 Gifts have been given for
Memorial Fund
In memory of James Matlock by
 Joy Mitchell
 Johnny Mitchell
In memory of Lynda Park by
 Bruce & Lisa Hughes

UMM FISH FRY IN FROG JUMP APRIL 21
 No reservations required.



FOOD PANTRY FOR APRIL
 Dried Beans Rice Canned Fruit
 Cash is always appreciated.
 (Make checks out to Aldersgate and write 'food pantry' in the memo line.)
 Thank you!

COVENANT UMW TO PRESENT FASHION SHOW
 Join the fun at our Fashion Show, Silent Auction and Vendor Show on Saturday, April 11, from 10:30 a.m. to 1:00 p.m. at Covenant UMC, 8350 Walnut Grove Road in Cordova. Tickets are \$15 and available at the door. Fashions by Christopher & Banks. Should you choose, you are encouraged to bring paper or hygiene products for Golden Cross Ministries.



ALDERSGATE COOKS
 As of today we have 47 recipes from 10 members and 3 former members for our 60th Anniversary Cook Book. We know you can do much better! The Committee may just have to pop into your kitchen to see what you're having for supper. Please turn recipes in at the office or to Aleita Tutor, either by hand or by email.
 Office email: office@agumc.org
 Aleita email: rdeantutor@bellsouth.net